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## INFORMATION FOR CATEGORY 1 CME CREDIT

### Active Transportation and Cardiovascular Disease Risk Factors in U.S. Adults

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After reading this article, the learner should be able to:

1. Describe the difference between active transportation and other forms of physical activity.
2. Identify factors that encourage or discourage the use of active transportation.
3. Identify correlates of active transportation use in US adults.
4. Describe associations between use of active transportation and cardiovascular disease risk factors.

#### Disclosures

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