

American Journal of Preventive Medicine

INFORMATION FOR CATEGORY 1 CME CREDIT

Evaluation of Medicare's Intensive Behavioral Therapy for Obesity: the Bienestar Experience

Roberto P. Treviño, MD, Christina Piña, BS, Jesús Cuéllar Fuentes, PhD, Melissa Nuñez, MPH
(see page 497)

This article has been chosen to participate in the AJPM CME program. Please read and follow the instructions below:

Educational objectives

After reading this article, the learner should be able to:

1. Explain the new service in which the Centers for Medicare and Medicaid Services (CMS) began reimbursing health care providers to provide behavior therapy for obesity in 2011.
2. Describe which chronic diseases are associated with obesity.
3. Understand that the first and second most expensive medical diseases in the United States—diabetes and ischemic heart disease—are associated with obesity.
4. Identify the inclusion criteria to participate in CMS-reimbursed intensive behavior therapy for obesity.
5. Learn the CMS guidelines primary care providers must follow in order to get reimbursed for intensive behavior therapy for obesity.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME). ACPM is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

ACPM designates this educational activity for a maximum of 1 *Category 1 credit toward the American Medical Association (AMA) Physician's Recognition Award (PRA)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosures

In accordance with the disclosure policy of the American College of Preventive Medicine (ACPM) and the American Journal of Preventive Medicine (AJPM), as well as the standards set forth by the Accreditation Council of Continuing Medical Education (ACCME), authors and any individuals in a position to control the content of a CME activity are required to disclose relevant financial relationships in any amount with commercial interests (within the past 12 months).

The authors, Roberto P. Treviño, Christina Piña, Jesús Cuéllar Fuentes, and Melissa Nuñez, have disclosed that no relevant financial relationships exist.

Term of approval

April 2, 2018–April 2, 2021

Estimated time to complete this activity is 1 hour.

Instructions to receive CME credit

Once you have read the CME article, please visit www.ajpmonline.org/cme to complete the CME exam (with a score of at least 70%) and the CME evaluation survey. You will be able to download your CME certificate and will also receive an email with a link to your certificate.

Privacy policy

ACPM collects personal information from participants in this online activity for purposes of assigning CME credit only. We will not share or sell your contact information, and your answers to quizzes and feedback forms will be kept confidential.

Copyright information

The copyright for this material is held by the American Journal of Preventive Medicine.